

Who is dying after nephrectomy for cancer? Study of risk factors and causes of death after analyzing morbidity and mortality reviews. (UroCCR-33 study)



Alexis Fontenil¹, Pierre Bigot¹, Jean-Christophe Bernhard³, Jean-Baptiste Beauval⁴, Michel Soulié⁴, Thomas Charles⁵, Stéphane Larre⁶, Laurent Salomon⁷, Rahmène Azzouzi¹, Arnaud Méjean⁸, Karim Bensalah² Departements of urology in universitary hospitals of 1 Angers, 2 Rennes, 3 Bordeaux, 4 Toulouse, 5 Poitiers, 6 Reims, 7 Henri-Mondor, 8 European hospital Georges Pompidou, Cancerology Committee of the French Association of Urology (CCAFU)

OBJECTIVE

Nephrectomy is the treatment for renal cell cancer from T1-4 tumors but remain at risk.

- To determine the thirty-day mortality rate after all nephrectomy for cancer,
- To identify causes and risk factors of death,
- To analyse morbidity and mortality reviews to find clinical applications.

METHODS

From 2014 to 2017, we performed a retrospective multicentric analysis of prospectively collected data study involving the french network for research on kidney cancer (UroCCR).

- Inclusion: All patients who had nephrectomy for cancer in seven french hospitals.
- Variables analysed :
 - Patients' characteristics (sex, age, symptoms, TNM stage, type of surgery),
 - If death occurred in the first 30 days after surgery, causes of death,
 - Morbidity and mortality reviews.

RESULTS						
	Total	Univariate analysis OR (95% CI) P value		Multivariate analysis OR (95% CI) P value		
Sex						
Male Female	1647 896	0.54 (0.24 - 1.2)	0.115	0.51 (0.21-1.2)	0.131	
Age, years						
	NA	1.027 (0.99-1.05)	0.058	1.024 (0.99-1.05)	0.129	
Symptoms at diagnosis						
no yes	1689 890	1 2.56 (1.3-5.03)	0.006	1.09 (0.48-2.46)	0.822	
Initial cT stage						
T1 >T1 >T2	1515 679 306	1 6.13 (2.8-13.2) 8.8 (4.39-17.8)		1.55 (0.45-5.37) 3.55 (1.27-10.1)	0.48	
Initial cN stage						
0 or X 1-2 Initial cM stage	2441 138	1 4.6 (1.9 -10.7)	<0.001	1.26 (0.48-2.46)	0.63	
0 or X 1 Operative technique	2396 183	1 4.01 (1.7-8.9)	0.001	1.3 (0.52-3.25)	0.57	
open surgery laparoscopic or robotic	807 1718	1 0.272 (0.13-0.54)	< 0.0001	0.65 (0.29-1.47)	0.3	
Operative type						
partial nephrectomy radical nephrectomy	1326 1227	2.737 (1.3-5.7)	0.007	1.35 (0.48-3.82)	0.56	

Causes of death	n=35(%)
Pulmonary	15(43)
Pneumonia or Inhalation	10(29)
Pulmonary embolism	5(14)
Digestive sepsis	7(20)
Hemorrhage	4(11)
Related to cancer	3(9)
Liver failure	2(6)
Heart failure	2(6)
Neurological	1(3)
Multiple organ dysfunction syndrome	1(3)

2578 patients underwent nephrectomy, 35 deaths occurred.

- 1. Thirty-day mortality rate after nephrectomy for cancer was 1.4%.
- 2. In an univariate analysis, risk factors were:
 - symptoms at diagnosis
 - c stage superior to cT1
 - cT stage superior to cT2
 - nodal invasion
 - distant metastasis
 - open surgery
 - radical nephrectomy
- 3. In a multivariable model, only cT stage superior to T2 was a risk factor of thirty-day mortality.
- 4. Main causes of postoperative death: PULMONARY (43%) and DIGESTIVE (20%).
- 5. Morbidity and mortality reviews: Only 2 had been found for the 35 deaths (Hemorrhage problem / extended caval thrombus)

CONCLUSION

Mortality after nephrectomy for cancer is minimal and mostly driven by comorbidities and tumor stage. Pulmonary affections are the leading causes of death in our French cohort.

Morbidity and mortality reviews should be considered to better understand causes of death and to reduce early mortality after nephrectomy for cancer (until 40% in surgical departements as suggested by Antonacci and al.)

Antonacci AC, Lam S, Lavarias V, Homel P, Eavey RA. A report card system using error profile analysis and concurrent morbidity and mortality review: surgical outcome analysis, part II. J Surg Res. 2009;153(1):95-104. doi:10.1016/j.jss.2008.02.051